

KINEO LEG PRESS

TECHNICAL SPECIFICATIONS

Dimensions (LxDxH)

320x75x170 cm

Work area dimensions (LxDxH)

320x75x170 cm

Weight

500 Kg

Electric motor

Nominal power 1.6 kW

Power supply

Voltage: 230 V - Frequency: 50/60 Hz

Maximum current: 8 A

Min/Max load

10-440 Kg

Min/Max isokinetic speeds

0.1-4 m/s

FUNCTIONALITIES

- Wi-Fi connection and remote control
- 15.6 touch screen
- Adjustable seat depth, adjustable seatback with 7 positions
- Built-in memory and automatic storage
- High-quality Italian leather

HARDWARE

- Electric motor. It provides a variable, controlled torque
- Leg Press workstation

ACCESSORIES

- Proprioceptive cushion with easy magnetic hooking

COMPLIANCE



KINEO LEG PRESS

SOFTWARE CONFIGURATIONS

TRAINING METHODS



ISOTONIC NIT (NO INERTIA)



ISOTONIC WIT (WITH INERTIA)



ELASTIC



SMART VISCOUS



VARIABLE LOAD



ISOMETRIC



ISOKINETIC

TESTS

CONCENTRIC MAX STRENGTH TEST

CONCENTRIC BALANCE STRENGTH TEST

POWER TEST

ECCENTRIC MAX STRENGTH TEST

ECCENTRIC BALANCE STRENGTH TEST

JUMP POWER TEST

ISOMETRIC MAX STRENGTH TEST

ISOMETRIC BALANCE STRENGTH TEST

ISOKINETIC MAX STRENGTH TEST

ISOKINETIC BALANCE STRENGTH TEST

ISOKINETIC CONCENTRIC/ECCENTRIC RATIO TEST



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